

Fountain Valley Montessori

September 2025 Newsletter

Important Dates:

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Monday, September 1st

School Closed in
Observance of Labor Day

Tuesday, September 2nd

First day of the Academic
School Year!

Thursday, September 18th

Back to School Night
5:00 - 6:00 pm

**Monday, September 22nd
- Friday, September 26th**

Scholastic Book Fair

HAPPY BIRTHDAY

Ms. Gloria- Sept. 6th
Ms. Yasmin- Sept. 28th



Welcome to Fountain Valley Montessori

Fountain Valley Montessori is thrilled for the 2025-2026 school year! On behalf of the staff, we are privileged that you have chosen FVM to be the place where your child spends their days learning, growing, and making childhood memories that will last them a lifetime!

Checking your Child In and Out: As you know, signing your child in and out each day is a function mandated by the State of California. Each person who has your permission to drop off or pick up your child on a regular basis must enter their 4-digit code that has been assigned to them. This acts as an electronic signature. Throughout the year, reasons do arise that you may have someone pick up your child who may or may not be on your "authorized pick-up list." Please fill out an authorization slip from the office for these situations. Also, please ensure that they have a picture ID. Children will not be released to anyone without your prior permission.

Morning Drop-Off and Afternoon Pick up: Classes start promptly at 9:00am and conclude at 12:00pm for our half-day students and 3:00pm for our full-day students. There is a 15-minute grace period during morning drop-off. We encourage all students to be dropped off during the grace period, beginning at 8:45, to ensure a smooth transition into their school day. Please note, if utilizing this grace period or dropping your child off on the playgrounds in the morning, please ensure that your goodbyes are short and sweet.

Parent/ School Communication: Good communication between school and home truly enhances your child's learning experience. Each child has a file folder on top of the cubbies in their classroom. Please check these folders daily. This is where parents will find information regarding activities, newsletters, and any other pertinent information. In addition, please routinely check your email for classroom and school updates. Please note each classroom also has a parent board with recent letters, reminders, and daily information.

Teachers' Lounge/Work Room: Gentle reminder, there is a designated lounge for our teachers (not a shortcut). Please refrain from passing through this area unless it is an emergency.

Staff Emails

Room 1:

Ms. Paula-
paula@fvmontessori.com
Ms. Vivian-
vthai@fvmontessori.com

Room 2:

Ms. Marian-
marian@fvmontessori.com
Ms. Michelle-
michelle@fvmontessori.com

Room 3:

Ms. Bea-
bea@fvmontessori.com

Room 4:

Ms. Neranja-
neranja@fvmontessori.com
Ms. Yasmin-
yasminc.fvm@gmail.com

Room 5:

Ms. Gloria-
gloria@fvmontessori.com

Room 6:

Ms. Enoka-
enoka@fvmontessori.com

Room 7:

Ms. Alicia-
alicial@fvmontessori.com

Office Staff:

Director:

Ms. Sneha-
sneha@fvmontessori.com

Administration

Ms. Jahaira-
jahairab.fvm@gmail.com
Ms. Madelyn-
madelyn.fvm@gmail.com

Extra Clothing: Please bring two extra sets of clothing (including socks and underwear) to leave in your child's cubby.

A Reminder about Our Illness Policy: Children may not attend school with a fever, vomiting, diarrhea, discolored mucus, or any other infectious illness. If a child is sent home from school, he/she must be symptom free for a complete 24 hours before returning to school. For example, if a child is sent home at 1:30pm, their 24hour period would end at 1:30pm the following day. FVM reserves the right to request a doctor's note for any child who is sent home. For us to administer medication that is prescribed by a physician, you must complete the Medicine Log and give all medications to the front office. The medication must have the doctor's prescription sticker on it.

A Note about Tuition: Tuition is due on the 15th of every month prior to attendance (i.e., October tuition is due on September 15th, November tuition is due on October 15th, etc.). All Tuition Express accounts will be debited on the 15th of each month. If tuition is not received by the 20th of the month, a \$50.00 late charge will automatically be applied to your account.

Parking Lot: Please remember to drive slowly in the parking lot. There are a lot of children crossing the parking lot and getting in and out of cars during drop-off and pick up. For your safety, we also encourage parents to always keep their purses or other valuables with them. Refrain from using your cell phones while inside or directly outside the FVM doors as this is cause for distractions. The children are our number one concern, as they are yours. Please help keep our children safe!

Toy Policy: In keeping with our "No Toy" Policy, we ask that all children leave toys at home. Share items can be pictures pertaining to our unit of study or something special from a trip. Talking shares; in which your child tells their friends about a special vacation, etc. are always welcome too!

Morning Snack: Lessons in Grace and Courtesy are an integral part of the Montessori philosophy. Each classroom has a monthly snack host/hostess sign up calendar. We highly encourage parents to sign up to bring snacks once a month for the class. This will allow the children to experience the full process of creating a meal: shopping, preparing, and serving. Being a snack host is an activity all children look forward to! Please see the snack sign-up sheets located outside each classroom door. Feel free to pick snacks your child would like to eat and serve to their friends. Please plan on serving 24 children and adhere to our low sugar policy. Remember when signing up for a classroom snack to bring at least two food groups. If a child doesn't care for the snack provided by the host/hostess, the school will provide an alternative option.

Afternoon Snack: Will be provided by the school. Please continue to send snacks from home if your child has food allergies or specific dietary restrictions.

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Fountain Valley
Montessori



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Room 1: Ms. Paula & Ms. Vivian

Greetings parents,

My name is Ms. Paula Le Rose and I am the Senior Lead Teacher for Room 1. I will be working with Ms. Vivian Thai who will be the Co-Lead Teacher. We are very excited to welcome you all to this new academic year! We hope everyone had a fun and relaxing summer. A new beginning is always a time for adjusting and getting into the routine of school. Our goal is to have a safe and joyful year filled with learning and fun! Our priority is to give children the independence of exploring our class with consistent lessons in grace and courtesy and care of self.

We will begin the month of September with getting to know each other and our classroom environment. We will learn how to respect our classroom rules and materials, our friends as well as teachers. We will begin our cultural lessons by exploring our planet Earth. We will learn about the land masses that make up the continents and the water bodies that make up the oceans. The children will be given lessons with the land and water globe, the continent map puzzle, the landform and water form trays and other such Montessori materials. We will make a project using sand to create the Earth. Children will also be introduced to the cardinal directions (North, South, East and West).

What is the month of September if not devouring a tasty and crunchy apple? We will learn to peel, cut, and taste various types of apples. Please feel free to send an apple in your child's lunch pail. The children will be introduced to the parts of an apple. They will also work on an art project inspired by the artist of the month Paul Cézanne. As a cooking activity, we will make cinnamon/ sugar baked apple slices. We will listen to the music of the famous Austrian composer, Mozart and get acquainted with some of his very famous work, such as symphony No. 40 and "The Marriage De Figaro". We will learn "all about me", as we explore our similarity and differences, as well as our five senses.

Every Friday is pizza day and share day in our class! Please encourage your child to bring something that has an educational value (books, photos, trophies...) to share with their friends during circle time. If your child forgets to bring a share, he/she may opt to talk about their experience or share a story.

Please furnish us with two sets of extra clothes to be placed in your child's cubby. We will also have P.E. exercises every Friday. Please make sure your children wear comfortable shoes for the day. Please sign up for our snack host program. The sign-up sheet will be located outside our classroom door. Some snack suggestions are also displayed.

I will be communicating with you via email. Please feel free to reach out to me at paula@fvmontessori.com should you have any questions. I look forward to working with you and I am thrilled to have your child in my class!

September Birthdays:

Alex Le -	September 6th
Chase Doan-	September 14th
Atlas Kao-	September 25th



Room 2: Ms. Marian & Ms. Michelle

Hello Parents,

My name is Marian Fahim and I will be the Senior Lead Teacher for Room 2. I will be working with Ms. Michelle Nguyen who is the Co-Lead teacher for the class. We are so excited to begin the 2025–2026 school year! The warm summer days are behind us, and the crisp excitement of fall is ahead. Welcome to a joyful year of learning and growth!

A new beginning is always a time for adjusting and settling into school routines. Our goal this year is to provide a safe, engaging, and hands-on learning environment for every child. During the first few weeks, we will focus on “normalizing” the classroom—helping children adjust to expectations and routines. Children will receive lessons on self-care and caring for their environment, classroom rules (walking in a line, using quiet voices, and walking feet indoors), playground safety, and practical life skills such as pushing in a chair, carrying a tray correctly, and cleaning up after work or lunch. Returning students will be wonderful mentors for our new friends! We will also spend time building connections and exploring our classroom community.

We will start the year by learning about ourselves and our bodies. Our discussions will include nutrition and healthy habits that help us grow. We’ll observe how wonderfully unique we all are—our hair, eyes, and other special features. As part of this unit, children will create a fun self-portrait art project.

We will board airplane Room 2 and begin our adventure around the world! We’ll explore the Western and Eastern Hemispheres, focusing on land and water formations, including the continents and oceans of the world. This month’s science studies will include the parts of an apple (botany) and the parts of a turtle (zoology). In Spanish, we will learn vocabulary for the parts of the face.

Our artist for the month will be Paul Cézanne, and our musician of the month will be Michael Bublé. We’ll also make a delicious signature fruit salad together—yum! Our shelves will be filled with new, exciting work to complement our studies, along with many creative projects and activities. I am truly looking forward to the year ahead and cannot wait to work with all your little ones!

I will be communicating with you via email. Please feel free to reach out to me at marian@fvmontessori.com should you have any questions.

September Birthdays:	Clara Tran -	September 2nd
	Taj Esmail-	September 15th
	Atlas Kao-	September 23rd
	Vera Nguyen-	September 27th

Room 3: Ms. Bea & Ms. Veronica

I would like to give a warm welcome to all our new and returning families! Ms. Veronica and I are very excited to have the opportunity to be your children's teachers! It's going to be a wonderful year full of fun, learning and growth.

I would like to start the month by focusing on normalizing the children and enabling a smooth transition into the school year. The children will be given lessons on taking care of themselves and the environment Walking in line, quiet walking feet while indoors and practical life lessons along with pulling and pushing our chair, carrying a tray and being respectful of the environment are a few we will focus on. We will be setting a solid foundation with lessons on grace and courtesy.

We will be learning "All about me" and about parts of the body. We will be doing a class project based on this topic. We will also learn about parts of an apple and the life cycle of an apple. Our cooking project for the month will be making apple sauce.

The children will help to peel and slice the apples and get them ready to make apple sauce. We will be traveling around the globe, and I will introduce the seven continents and their location on the globe. We will also learn about the western and eastern hemispheres along with the five major oceans that make up our continent. Through the year the children will be learning about a different artist each month and we will be recreating their work.

This month we will be learning about the great artist Paul Cezanne. We will also listen to the music by a composer/ musician each month. This month we will be listening to the symphonies by Wolfgang Amadeus Mozart. "Los Ojos", "La naris", "La boca" ...we will focus on Partes del Cuerpo (Parts of the body) for Spanish class.

A few reminders to ensure a successful school year:

- School starts promptly at 9 AM. I encourage all children to be dropped off by 8:45 AM at the playground to have a smoother transition.
- Please make sure that you send your child extra clothing. Please include underwear, socks, pants, shorts, shirts and blouses.
- Please also remember to send your child nap linen if they nap linen if they nap with us. For the nap linen please bring a small, fitted sheet, small pillow and blanket in a pillowcase bag. If possible, please do not bring a sleeping bag, they can be a bit bulky and linen closets have limited space.
- The linen will be taken home every Friday for washing and returned on Monday to start another week
- Please bring a regular-sized lunch box for your child's lunch and a water bottle. A backpack is not necessary

We look forward to a great and Successful year!
For questions, please email at bea@fvmontessori.com

September Birthdays:

Parker Ta -

September 15th, 2022

Natalie Hastings- September 22nd, 2021

Room 4L: Ms. Yasmin & Ms. Gurpreet

Welcome to Lower Elementary Room 4! We hope everyone had a great summer! We are very excited to welcome all new students to the Lower Elementary classroom and we look forward to being a part of their academic, social, and developmental journey ahead!

Ready, set, let's blast off into September! We begin our Cultural study for the year by focusing on the land and water bodies present. We will be exploring the Parts of the Earth including the Land and Water globe and Continent Maps. We will focus on the Location of the Equator and Cardinal Directions (N S E W). We will use maps and other instruments to better understand the concept. For Zoology, we will talk about Vertebrates and Invertebrates.

We will also focus on learning about parts of a fish. Our study of Botany will be based on learning about parts of a plant. In addition, we will be exploring shapes and colors in Spanish. Some other interesting activities for this month will be our introduction to the artist and composer of the month! The children will learn about the American visual artist Norman Rockwell. We will introduce the mesmerizing voice of Aretha Franklin "The Queen of Soul".

We highly encourage all children to participate in share day every Friday. This is a great opportunity for your child to share pictures, trophies, medals, books, or tell a story to their classmates. The act of being able to speak in front of an audience helps build confidence. Please do not send toys as they are a distraction for the children. All share day items will be placed in the share box outside the classroom. Please label all items.

P.E sessions will be hosted every Friday, so please encourage children to wear closed toed shoes to ensure safety. Please label all clothes, lunch bags, water bottles, jackets, and belongings that are brought to school. Students may keep water bottles at their desk. All lunch pails should be placed on hooks directly outside our classroom. We highly encourage all students to place they belongings outside before entering our classroom.

Please make sure to bring your child to school by 8:45 am. The structured individual reading time in the morning provides a conducive learning environment and helps them acclimate to the routine. If you arrive late, please drop off your child outside the classroom door on the Lower Elementary side of Room 4. We will welcome them and guide them to their work/desk. Pick up time is between 3:00 pm- 3:15 pm. Please wait for us to open the classroom door for the children to be picked up. If you need to pick up your child early, please inform the office. Notebooks and all other school supplies will be provided by FVM and will be distributed during the first day of school. These materials will be placed in your child's desk, and we will replenish them as needed. In addition, for any student's birthday's hosted by parents, we highly recommend emailing 1-2 weeks in advance for us to accommodate multiple birthday celebrations.

This year will further accentuate all the work habits that a Montessori environment has established within your child. They are at a turning point in their development where you will begin to see their social and academic growth soar exponentially over the course of this year. Thank you for giving us the opportunity to work with your child.

If you have any questions, please feel free to email me at: yasminc.fvm@gmail.com. We look forward to seeing all of you on the first day of school!

September Birthdays:

Ms. Yasmin - September 28th

Room 4U: Ms. Neranja & Ms. Erika

As we begin the new school year in Upper Elementary, I am filled with excitement and gratitude to welcome both returning and new students into our vibrant learning community. September marks the start of an inspiring journey, rooted in Montessori's Cosmic Education and the exploration of the First Great Lesson: The Coming of the Universe and the Earth. This foundational story will guide our studies across disciplines such as Astronomy, Geology, and Chemistry, while also igniting curiosity and a sense of interconnectedness. Our students will work with Montessori materials to deepen their understanding of Math, Language Arts, Reading Comprehension, Cultural Studies, Geography, History, Zoology, and Botany—developing not only academic skills but also self-direction and a lifelong love of learning. As Maria Montessori so beautifully reminds us, “Clearly, we have a social duty towards this future man, this man who exists as a silhouette around the child... Perhaps a great future leader or a great genius is with us, and his power will come from the power of the child he is today.” With this vision in our hearts, we look forward to a year of wonder, discovery, and growth together.

For September, our curriculum will cover a diverse range of topics across multiple disciplines:

Science:

- Distinction between Living and Non-Living entities
- Examination of the Parts of a Plant, Root, and Fish
- Review and sorting of Invertebrates and Vertebrates
- Exploration of the Plant Kingdom Chart
- Advanced research on animal and plant species
- Introduction to Chemical Reactions and Forces
- Investigation into States of Matter & Forms of Energy
- Study of Atoms, Elements, and Molecules
- Overview of Astronomy & the Solar System with Graphical Representations
- Anatomy of the Eye

Social Studies

- Study of Earth's Parts, Location of the Equator
- Cardinal Directions
- Analysis of Fundamental Needs through Charts
- Impressionistic Charts
- Investigation into Types of Rocks

History

- The Black Strip
- The Clock of Eras
- Analysis of Fundamental Needs through Charts
- Evolution of Shelter through History
- Impressionistic Charts
- Exploration of Types of Fossils
- Investigation into Types of Rocks
- Intro. to Cosmic Education, incl. the Five Great Lessons

Art

- In the Arts, students will explore value through classic shading techniques such as hatching, cross-hatching, and stippling, learning how lines and dots can create depth, form, and texture. In Music, we'll celebrate creativity and connection by singing our favorite class song, while Performing Arts brings science to life through the energetic Dance of the Molecules. For P.E., students will focus on proper warm-ups and cool-downs, building healthy movement habits that support their physical well-being.

Our school day begins promptly at 8:30 a.m., followed by attendance and the Pledge of Allegiance at 9:00 a.m. Regular and punctual attendance is vital for your child's academic success. A detailed class schedule will be displayed outside the classroom door. We kindly request that you ensure your child arrives and is picked up on time. Thank you for your cooperation and support.

If you have any questions, please email me at neranja.fvm@gmail.com

September Birthdays:

Jaxon Trien - September 13th



Room 5: Ms. Gloria & Ms. Sidney

Dear Parents,

Welcome back and here's to a wonderful start! I hope everyone had a joyful summer break. We are excited for the year ahead and warmly welcome all our new parents and children to FVM and our Room 5 community.

During the first weeks of September, our focus will be on helping the children settle into routines. They will practice caring for themselves and their environment, following classroom and playground rules, and learning important practical life skills such as pushing in chairs, carrying trays properly, and using quiet walking feet indoors. Returning students will serve as wonderful mentors to help guide their new friends. We will also reinforce healthy habits with frequent and proper handwashing.

This year we will be "traveling the world" together exploring each continent, the oceans, and fascinating facts along the way! In September, we begin with learning the names and locations of the continents through art projects, puzzles, and songs.

Our theme this month also includes apples—lots of apples! The children will explore the life cycle of an apple, practice food preparation lessons, and discover apple-inspired art by Paul Cézanne, which will decorate our bulletin board. We will also begin our "All About Me" lessons, focusing on body parts, emotions, and even learning the parts of the body in Spanish. Please remember to check the snack calendar displayed by Room 5 door and sign up for a day to bring snacks. On their snack day, your child will have the special role of line leader, weather reporter, calendar helper, and teacher's helper. They may also bring something meaningful to share with the class—such as a book, photo, or experience. (Please note that toys are not allowed.)

We kindly ask that each child has a spare set of clothes at school, appropriate for the season. If your child uses the extra set, please send a replacement right away.

An overview of the year will be attached with the Welcome Packet—please take time to read it, and if you have any questions, feel free to reach me at gloria@fvmontessori.com. A gentle reminder: please have your child in class by 9:00 a.m. so they don't miss circle time lessons. For an easier transition, you may drop off your child in the playground no earlier than 8:45 a.m.

Thank you for entrusting us with your child's growth and learning. I look forward to a wonderful year together!

September Birthdays:

Ms. Gloria -	September 6th
Jalen N. -	September 9th
Kaeson D. -	September 15th
Vanhi P-Ng.-	September 22nd



Room 6: Ms. Enoka & Ms. Lindsay

Dear Parents,

My name is Ms. Enoka Weerasuriya and I am the lead teacher for Room 6. I welcome all new and returning children and parents to our classroom! I am so excited to start this new school year with you all and I look forward to sharing the many lessons and activities I have planned.

As always, our focus will be on helping the children settle into routines, especially through the first few weeks of September. They will practice caring for themselves and their environment, following classroom and playground rules, and learning important practical life skills such as pushing in chairs, carrying trays properly, and using quiet walking feet indoors. Returning students will serve as wonderful mentors to help guide their new friends. We will also reinforce healthy habits with frequent and proper handwashing. Children will be given lessons on classroom etiquette, courtesy, and hygiene. We'll also review classroom and playground safety rules.

I will be introducing planet Earth along with the land and water globe this month. Children will learn about the Earth's rotation around the sun and its impact on weather. Perfect timing with the season changing! We will look at the colors associated with fall, and the science behind the changing of leaves.

For our first botany lesson, we will learn all about apples! Children will learn about the different varieties and dissect an apple to see the parts of an apple. For our practical life lessons, I will introduce apple slicing/cutting. And of course, children will have a chance to taste what they cut! We are learning how to draw apples and create art projects as well.

For our first Zoology lesson, we will focus on differentiating between living and non-living things, learning about "ourselves", and naming parts of the body.

For our special birthday celebrations, I will be coordinating with you to put together the celebration of life poster for your child.

Every Friday we will have Physical Education (PE) lessons. Please make sure your child is dressed appropriately in comfortable clothing and shoes. In addition, Fridays will be "share day". Your child can bring something from home to share with their friends. For example, a leaf they found, a book, clothing, rocks, seashells, etc. (no toys please).

Once again, I'd like to warmly welcome all our families to room 6. Miss Lindsay Yamachika will be assisting me in the classroom, and we are looking forward to a great year!

Please don't hesitate to reach out to me at enoka@fvmontessori.com, should you have any questions.

September Birthdays:

Tyler M. -	September 1st
Wynn H. -	September 7th
Penelope M. -	September 17th
Avalyn N. -	September 20th
Hailey N. -	September 25th



Room 7: Ms. Alicia

Ms. Ana, Ms. Maggie and Ms. Valerie

Welcome all new and returning Families!

It is a pleasure to have your child in our class this year. We are excited to have a beautiful classroom prepared for the little ones and we look forward to an exciting year, full of fun, learning and growth!

I would like to begin by saying that our primary objective will be to make every child feel safe and loved in their new environment. We will make every effort to bond with them and provide structure and routine to help them feel safe. We will focus on normalizing the children by giving them basic and age-appropriate lessons such as lining up, walking around the circle, pulling out and pushing in chairs, washing hands, and holding a tray of work.

We have a lineup of enjoyable and fun activities for the toddlers to enjoy! Our curriculum includes a "Book of the Month," a "Color of the Month" a "Shape of the Month" and a "Song of the Month." We change materials and activities every month to keep the classroom inviting and engaging for all!

Our unit will be based on apples. For the month of September, I will read the book "Apple Trouble." We will be learning about the parts of an apple, and we will work on some apple art projects. Our song of the month will be "The Apple Tree" and our color of the month will be Red. I will be lining the work trays with red felt, changing our practical life objects to reflect red and providing plenty of materials for the children to experiment with various mediums to reinforce color recognition. The shape of the month will be a circle.

Just a few reminders to ensure a successful year:

- School starts promptly at 9:00. I request all families to utilize the grace period and drop off all children at 8:45am. It is important for children to be on time as this helps with an easier transition. Please keep your goodbyes short and sweet.
- Please provide a lunch box and water bottle. (For the first few days pack your child's favorite snack and lunch items.)
- Please make sure your child has two extra pairs of clothes and a pair of shoes and socks in a labeled Ziploc bag.
- Please provide a crib sheet and a blanket in a labeled pillowcase, in case your child is napping with us.
- No backpacks, there is limited space in their cubbies. Please Label everything

We are excited to begin the school year, and we look forward to an amazing year ahead
Thank you for your support and cooperation.

Please email me at alicial@fvmontessori.com if you have any questions

